

## Midday Prayers

Synod of the Covenant Assembly July 24, 2020

### Call to Prayer

Ben McConaughy

My siblings, our help is in the name of the eternal God,

**Who is making the heavens and the earth.**

Eternal Spirit, flow through our being and open our lips,

**that our mouths may proclaim your praise.**

### Psalm 133

How very good and pleasant it is when kindred live together in unity!

**It is like the precious oil on the head, running down upon the beard,  
on the beard of Aaron, running down over the collar of his robes.**

It is like the dew of Hermon, which falls on the mountains of Zion.

For there the Lord ordained his blessing, life forevermore.

### New Testament Reading

### Meditation

Elona Street-Stewart

### Prayer *A New Zealand Prayer Book*

Let us be at peace with ourselves.

Silence

Let us accept that we are profoundly loved and need never be afraid.

Silence

Let us be aware of the source of being that is common to us all and to all living creatures.

Silence

Let us be filled with the presence of the great compassion towards ourselves and towards all living beings.

Silence

Realizing that we are all nourished from the same source of life, may we so live that others be not deprived.

Silence

Let us pray that we ourselves cease to be a cause of suffering to one another.

Silence

With humility let us pray for the establishment of peace in our hearts and on earth.

Silence

Kindle in us, O God, the fire of love that we may give warmth to the world.

**Lead us from death to life, from falsehood to truth; lead us from despair to hope, from fear to trust; lead us from hate to love, from conflict to peace. Let peace fill our hearts, our world, our universe. Amen**

**Blessing**

May the Creator bless you and keep you;

May the Beloved Companion face you and have mercy upon you;

May the Eternal Spirit's countenance be turned to you and give you peace;

May the Three in One bless you.

**Amen**